



CORPS OF CADETS
VIRGINIA TECH.



New Cadet Guide

for 2020-2021

Chapter 1: An Overview



Cadet Class of 2024,

I applaud your decision to join Virginia Tech and the Corps of Cadets. You are soon to follow in the footsteps of men and women who have dedicated themselves to selfless service, duty, and camaraderie. Your decision to choose the path less traveled is commendable. Here at Virginia Tech, you will be afforded opportunities to excel both academically and personally. I implore you to seize every chance to do so. Faced with a variety of new and dynamic issues, our world needs leaders who are willing to step forth. During your time as a cadet, you will face a variety of challenges and failures. This will require a sense of resiliency, discipline, and the utmost integrity. Here, you will develop the skills necessary to both overcome adverse situations and to lead far beyond Virginia Tech.

As your Regimental Commander, I along with my staff are excited to welcome you into our ranks. Our cadre are highly trained and dedicated to developing you into worthy leaders. While they are here to assist you along your journey, it is ultimately your tenacity, dedication, and grit that will define your four years. Your buds across the regiment will soon grow to become some of your closest friends. You should all motivate and aid each other during this journey. Steven Pressfield quotes, "Every warrior virtue proceeds from this — courage, selflessness, love of and loyalty to one's comrades, patience, self-command, the will to endure adversity." I look forward to welcoming you all, good luck.

Mame Ngom
Cadet Colonel VTCC
Regimental Commander, Fall 2020

Welcome to the Corps of Cadets.

New Cadet Week is Aug. 15-22.



Step One: Choose a Track

The Corps offers two tracks for cadets: Military-Leader and Citizen-Leader.

- The Military-Leader Track is for cadets in ROTC programs who are pursuing a military commission.
- The Citizen-Leader Track is for cadets who value the Corps' military lifestyle without a military obligation upon graduation.

Citizen-Leader Track (VPI Battalion)

To enroll in the Citizen-Leader Track, register for the first-year class listed below, in addition to MGT 1945 required for all first-year cadets.

- Citizen-Leader Track: MGT 1935, CRN 88127

It meets Tuesdays from 3:30 to 4:45 p.m. You will receive more information about the class during New Cadet Week's VPI Battalion Information Session. Do not allow your academic department advisors to schedule you for classes that meet on Tuesdays and Thursdays from 3:30 p.m. to 4:45 p.m.

VPI Battalion uses the Navy Physical Fitness Test. It includes two minutes of sit-ups, two minutes of push-ups, and a 1.5-mile run. You do not have to pass the physical fitness test your first try.

To see the standards by gender and age range:

- Men: navy-prt.com/us-navy-overall-fitness-standards/navy-pt-standards-for-men/pt-standards-males-20-24/
- Women: navy-prt.com/us-navy-overall-fitness-standards/navy-pt-standards-for-woman/pt-standards-females-20-24/

As Virginia Tech pursues international prominence in the area of integrated security, Citizen-Leader Track cadets will be in a great position to pursue cross-disciplinary majors and skills necessary for careers in the public and private sectors.

Great organizations are looking to employ graduates who are purpose-driven, have a strong work ethic, can execute, and put service first. Within the Corps' military structure, you will assume responsible positions and take classes in leadership, professionalism, and ethics. Because our Citizen-Leader Track is unique among the senior military colleges, you will stand out in your first job interview and throughout your career.

When you graduate, you will join a network of over 10,000 Corps alumni who share your college experience and who can help you find jobs in your chosen career. There is no military obligation for Citizen-Leader Track cadets.

About 86 percent of Citizen-Leader Track graduates have cemented their plans by the time they graduate. Over the past few years, they have gone on to work for organizations such as the Defense Intelligence Agency, the CIA, the Naval Nuclear Lab, Northrop Grumman, Amazon, Deloitte, Goldman Sachs, and IBM. Some 23 percent commission as officer into the Marine Corps through the Platoon Leaders Course (PLC), and 17 percent are admitted to graduate school for further studies.



Military-Leader Track (ROTC)

To enroll in ROTC as a first-year cadet, register for the first-year ROTC classes for the program of your choice.

- Army ROTC MS 1005
- Navy ROTC MN 1004
- Air Force ROTC AS 1115 (class) + AS 2944 (lab) + AS 2934 (physical fitness)

The ROTC classes are offered at various times and can be found in the Timetable of Classes on [Hokie SPA](#). The ROTC laboratories meet Tuesdays from 3:30 to 4:45 p.m.

AFROTC cadets:

1. The Friday AFROTC lab is available only to upperclass cadets.
2. Please be aware that you should not sign up for a 9:30 a.m. Tuesday/Thursday class if you sign up for AS 2934 Tuesday/Thursdays, or a 9:05 a.m. Monday/Wednesday class if you sign up for AS 2934 Monday/Wednesday. AS 2934 runs until 9:15 a.m. (even though it says 8:50 a.m. in the Timetable of Classes), and you won't have enough time to shower before your next class.

Activating Your Four-Year ROTC Scholarship

If you have been awarded a four-year ROTC scholarship through the national ROTC scholarship application process, congratulations! Your scholarship toward your tuition and fees will post as a pending credit this summer. To activate your scholarship, you must pass your first ROTC-administered physical fitness test. If you do not pass, your ROTC will discuss additional opportunities you might have to pass.

Typically, this test is administered the first week of school and the results submitted within two weeks. You will most likely see the first half of your book stipend and monthly stipend by the end of the first or second month of classes. Once you pass your physical fitness test, the tuition and fees credit will change from pending to an actual credit on your tuition bill. During your first year on an ROTC scholarship, you should plan on paying for your books and covering your monthly stipend until the end of the first or second month of school.

Compete for an On-Campus ROTC Scholarship

ROTC programs offer three-year and two-year on-campus scholarships. The opportunity to earn one varies by ROTC and from year to year based on the needs of the services. ROTC programs will share more information in their classes this fall. Generally, you will enroll in their classes/lab, attend their physical fitness training sessions, and do as well as you can academically, especially in your ROTC class. They will submit those eligible to compete for the three-and-a-half or three-year scholarship nationally (if you are enrolled in ROTC, there is no individual application) after first semester grades are finalized, usually sometime in the spring semester. If you are not selected, the two-year scholarship process is the same for sophomores and rising juniors.

Air Force and Naval ROTCs award many of their scholarships to STEM majors. However, you can still earn an ROTC scholarship as a non-STEM major. Army ROTC and the Marine Option do not require you to major in a STEM area. In fact, Army ROTC has additional ROTC scholarships for STEM majors.

Army ROTC

Scholarships

If you plan to enroll in Army ROTC and would like to know more about Minuteman Guaranteed Reserve Force Duty (GFRD) scholarship opportunities that may still be available for fall 2020, contact the Army ROTC enrollment officer at rotc@vt.edu. GRFD scholarships would require you to serve in the National Guard or U.S. Army Reserves upon graduation and commissioning.

Students seeking regular (active duty) scholarships will have the opportunity to compete for them during the academic year, once enrolled in Army ROTC.

Students who have already received Army ROTC scholarships through the National High School Board process will be given further details on contracting requirements and procedures through a Zoom information session. Time, date, and meeting link for the session will be posted via the Corps Canvas site and email at a later date.

Physical Fitness

The Army Physical Fitness Test (APFT) is currently still being used to assess physical fitness of cadets until the Army Combat Fitness Test (ACFT) is phased in to use. Although we encourage you to familiarize yourself with the ACFT, you must prepare yourself to pass the APFT. The APFT consists of two minutes of sit-ups, two minutes of push-ups, and a 2-mile run. See a demonstration video of the APFT events and proper form at vimeo.com/129783805. APFT standards can be found in the tabs at apft-standards.com.

When you report to campus in August, be prepared to pass with the following minimum standards:

- Men: 42 push-ups, 53 sit-ups, 15:54 minute two-mile run
- Women: 19 push-ups, 53 sit-ups, 18:54 minute two-mile run

Keep in mind: These are the minimum Army physical fitness standards. Cadets should strive to do better. Four-year scholarship winners must pass the APFT this fall before they can activate their scholarships.

The Army PRT app can be downloaded to your phone. The app has information on physical readiness training (PRT) to includes an APFT and ACFT calculators listed under "Tools." Focus on the APFT for now.

Required Documents

Download and upload required Army ROTC enrollment document through the Corps' Canvas site. When you report to New Cadet week, however, you must bring the following items because we must see the original or notarized versions:

- Original birth certificate or naturalization certificate, or a certified or notarized copy AND a photocopy of the document.
- Original Social Security card or a certified or notarized copy AND a photocopy of the document.

We will verify the original or notarized versions and return them back to you immediately. We will keep the photocopied versions.

Army ROTC Classes

Incoming first-year cadets should enroll in the Army ROTC Military Science 1 (MS 1005). Transfer students coming into Virginia Tech and Army ROTC as academic sophomores or juniors may have different Military Science requirements and should discuss with Ms. Donna Mallet before orientation.

POC

Ms. Donna Mallet

■ 540-231-4804 or 540-522-4493

■ rotc@vt.edu

■ liberalarts.vt.edu/departments-and-schools/rotc/army.html

Naval ROTC

If you are enrolled in Naval ROTC and would like to know more about on-campus scholarship opportunities, email Dr. Francis Cavendish at fcavendish@vt.edu.

Physical Fitness, Naval

The physical fitness test includes two minutes of sit-ups, two minutes of push-ups, and a 1.5-mile run. Soon, the sit-ups will be replaced by a plank.

■ Men: navy-prt.com/us-navy-overall-fitness-standards/navy-pt-standards-for-men/pt-standards-males-20-24/

■ Women: navy-prt.com/us-navy-overall-fitness-standards/navy-pt-standards-for-woman/pt-standards-females-20-24/

Physical Fitness, Marine Option

The physical fitness test includes two minutes of crunches, pull-ups (men) or flexed arm-hang (women), and a 3-mile run. See the standards by gender and age at fitness.marines.mil.

Required Paperwork

Download the forms from the VTCC 2024-Fall 2020 / ROTC Paperwork course site on Canvas. Be sure to select the appropriate category for "Scholarship" or "College Program" (not on scholarship). Alternately, the forms are available for download on the VT NROTC website at liberalarts.vt.edu/rotc/navy.html.

Upon download, save the forms as a PDF file on your device. Complete the forms and submit as an “upload” into Canvas under the same module you downloaded the forms from. Please do not sign anything so the NROTC unit staff can witness. Bring an original certified birth certificate, passport, or citizen naturalization certificate, social security card, and driver’s license (if you have one).

Those on scholarship must have a completed DoDMERB physical that is stamped “qualified” or “waiverable,” prior to swear-in. Those who wish to join the college program will need to provide a copy of the Corps of Cadets sports physical and immunizations record, which means you will need two copies: one copy uploaded to Schiffert Health Center and the other given to the Naval ROTC at orientation.

ALL new midshipmen joining Naval ROTC are also required to provide a copy of a Sickle Cell lab test. This can be completed at Schiffert Health Center or at the time of your sports physical.

POC

Dr. Francis Cavendish

■ 540-231-1958

■ fcavendish@vt.edu

■ liberalarts.vt.edu/rotc/navy.html

For more specific medical questions

Ms. Lynn Ott

■ 540-231-8525

■ lynnott@vt.edu

Air Force ROTC

If you are enrolled in Air Force ROTC and would like to know more about in-college scholarship opportunities, contact Capt Lucas Adams at alucas9@vt.edu. Cadets in a four-year program who are eligible will meet a scholarship board during the spring semester. Cadets in a three-year program will have a fall scholarship board.

Physical Fitness

The physical fitness test includes one minute of push-ups, one minute of sit-ups, and a 1.5-mile run. See the standards by gender and age at afpc.af.mil/Career-Management/Fitness-Program/FA and click on “Resources” in the right-hand column to access the fitness charts.

Required Paperwork

Download the Air Force ROTC “Directions & Required Documents” and follow it to complete all required actions. Then email SSgt Wingate at wingate@vt.edu and SSgt Pettitt at crossm@vt.edu with your summer orientation dates. Bring your Air Force paperwork with you to New Cadet Week for processing.

POC

Capt Lucas Adams

■ 540-231-6404

■ usaf@vt.edu

■ af.vt.edu



The Highty-Tighties

If you are interested in joining the Highty-Tighties, the regimental band, complete the Highty-Tighties Stipend Form and enroll in the one-credit Instrument Ensemble Music class, Music 3314 (CRN: 88553, Instructor: JM Bean). It will meet Monday, Wednesday, and Friday from 5 to 6:30 p.m.

The Highty-Tighties use silver-tone instruments, which are provided. The Highty-Tighties also offer a jazz band, a pep band, buglers, a brass quintet, a string ensemble, and more. You will earn academic credit each semester you are in the regimental band.

Band is your company in the Corps of Cadets; it is not in addition to the Corps. Your academic success is very important. If you effectively use your study hours (the band has the same dedicated study hours as line companies), you will be able to balance your academic major (including engineering) and participation in the band. Why not surround yourself with fellow cadets who share your love of making music?

Our alumni provide a \$1,000 first-year stipend to up to 60 new members. If you have questions about life in the band, preferred musical experience, or performances, reach out to Senior Chief Jim Bean.

POC

MUCS Jim Bean

■ 540-231-3296

■ jbean88@vt.edu

■ vtcc.vt.edu/band.html

■ [YouTube](#)