

NEW CADET GUIDE

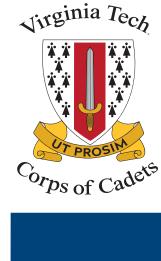


VI VIRGINIA TECH.

2023-2024

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NEW CADET GUIDE

Chapter 1: Overview









Cadet Class of 2027,

First off, I would like to congratulate you on your acceptance to Virginia Tech and the Virginia Tech Corps of Cadets!

The path you are about to embark on will not be easy, but it will be rewarding. My team and the hand-selected cadre staff are prepared to bring you up to the standard that we expect of a cadet at Virginia Tech. While I will ensure that you are trained properly, it is up to you to work hard to learn your place in the Corps of Cadets. You will experience hardship, stress, and failure, but none of these are reasons to quit. Through these demands, you will develop skills and qualities that will serve you well throughout your life.

Here are a couple things you should focus on this summer to be better prepared for the quick adjustment to college and the Corps' military construct:

- Physical Fitness/Nutrition: Work out every day and focus on your weaknesses. ROTCs will administer PT tests early in the semester and it is crucial that you pass these. For many of you, your scholarship will only be activated after you pass a PT test. Part of the Corps experience is also to develop life-long healthy practices, regardless of your career aspirations. Nutrition is an important aspect of well-rounded fitness; now is the time to dial it in. Go for a run, drink water, and eat healthy.
- Mentally Prepare: Keeping your mind sharp over the summer is very important. Find a good book and read it. The Guidon is a key part of your training, so I suggest you start reading it as well. Part of this is being mentally ready for the challenge

of balancing college level academics along with Corps of Cadets, Citizen-Leader, and ROTC requirements. It is stressful, but it is all designed and proven to develop you as an accomplished leader. Be ready for the challenge.

As you prepare for the start of your cadet career, remember that thousands have come before you. While everything might seem daunting now, all of the cadets at Virginia Tech, and many officers around the world, were in your shoes not that long ago. Embrace the opportunity to grow and develop as a person and a leader, and never forget the purpose that brought you to this program. I look forward to serving as your regimental commander and I am excited to see you all push your boundaries.

Good Luck.

Cadet Colonel Isaac D. Lerner

Regimental Commander, Fall 2023



Welcome to the Corps of Cadets.

New Cadet Week is Aug. 10-17. Weeks of Welcome begin Aug 18 for all new students.



Step One: Choose a Track

The Corps offers two tracks for cadets: Military-Leader and Citizen-Leader.

- The Military-Leader Track is for cadets in ROTC programs who are pursuing a military commission.
- The Citizen-Leader Track is for cadets who value the Corps' military lifestyle without a military obligation upon graduation.

Citizen-Leader Track (VPI Battalion)

To enroll in the Citizen-Leader Track, register for the first-year class MGT 1935 (2 credit hours). Choose from one of the available sections. Each section also has a required lab that meets on Tuesdays from 3:30 to 4:45 p.m. You will receive more information about this course during New Cadet Week's VPI Battalion Information Session.

The Citizen-Leader Track course is in addition to MGT 1945 which has a required lab that meets Thursdays from 3:30 to 4:45 p.m. and is required for all first-year cadets.

Because both courses have required labs, do not allow your academic department advisors to schedule you for classes that meet on Tuesdays and Thursdays from 3:30 to 4:45 p.m.

The VPI Battalion Fitness test is based on U.S. Air Force Fitness Test Component Standards/Scoring and consists of 3 events.

VPI PT Standards

(https://drive.google.com/file/d/1Bf6mmjKCZZ8uI_ss1Z50OY3n3v_4eqHv/view?usp=sharing)

Citizen-Leader Track cadets have the option to pursue cross-disciplinary majors and obtain skills necessary for careers in the public and private sectors.

Great organizations are looking to employ graduates who are purpose-driven, have a strong work ethic, can execute, and put service first. Operating under the Corps' military structure, you will assume positions of responsibility and take classes in leadership, professionalism, and ethics. Because our Citizen-Leader Track is unique among the senior military colleges, you will stand out in your first job interview and throughout your career.

When you graduate, you will join a network of over 10,000 Corps alumni who share your college experience and who can help you find careers in your chosen field. There is no military obligation for Citizen-Leader Track cadets.

Over 85 percent of Citizen-Leader Track graduates have secured their future plans by the time they graduate. In the past several years, they have gone on to work for organizations such as the Defense Intelligence Agency, the CIA, the Naval Nuclear Lab, Northrop Grumman, Amazon, Deloitte, Goldman Sachs, and IBM. Cadets have the option to pursue commissions as an officer into the Marine Corps through the Platoon Leaders Course (PLC), Coast Guard Auxiliary University Program (AUP), Nuclear Propulsion Officers Course, or prepare for OCS/OTS in another service. Other cadets choose to pursue graduate school for further studies.



Military-Leader Track (ROTC)

To enroll in ROTC as a first-year cadet, register for the first-year ROTC classes for the program of your choice. The ROTC classes are offered at various times and can be found in the Timetable of Classes on Hokie SPA. The ROTC laboratories meet on Tuesdays from 3:30 to 4:45 p.m.

Army ROTC: MS 1005 Navy ROTC: MN 1004

Air Force ROTC: AS 1115 (class), AS 2944 (lab), and AS 2934 (physical fitness) (All three are required).

AFROTC cadets:

The Friday AFROTC lab is available only to upperclass cadets.

Please be aware that you should not sign up for a 9:30 a.m. Tuesday/Thursday class if you sign up for AS 2934 Tuesday/Thursdays, or a 9:05 a.m. Monday/Wednesday class if you sign up for AS 2934 Monday/ Wednesday. AS 2934 runs until 9:15 a.m. (even though it says 8:50 a.m. in the Timetable of Classes), and you won't have enough time to shower before your next class.

Activating Your Four-Year ROTC Scholarship

If you have been awarded a four-year ROTC scholarship through the national ROTC scholarship application process, congratulations! Your scholarship toward your tuition and fees will post as a pending credit this summer. To activate your scholarship, you must pass your first ROTC-administered physical fitness test. If you do not pass, your ROTC will discuss additional opportunities you might have to pass.

Typically, this test is administered the first week of school and the results submitted within two weeks. You will most likely see the first half of your book stipend and monthly stipend by the end of the first or second month of classes. Once you pass your physical fitness test, the tuition and fees credit will change from pending to an actual credit on your tuition bill. During your first year on an ROTC scholarship, you should plan on paying for your books and covering your monthly stipend until the end of the first or second month of school.

Compete for an On-Campus ROTC Scholarship

ROTC programs offer three-year and two-year on-campus scholarships. The opportunity to earn one varies by ROTC and from year to year based on the needs of the services. ROTC programs will share more information in their classes this fall. Generally, you will enroll in their classes/lab, attend their physical fitness training sessions, and do as well as you can academically, especially in your ROTC class. They will submit those eligible to compete for the three-and-a-half or three-year scholarship nationally (if you are enrolled in ROTC, there is no individual application) after first semester grades are finalized, usually sometime in the spring semester. If you are not selected, the two-year scholarship process is the same for sophomores and rising juniors.

Air Force and Naval ROTCs award many of their scholarships to STEM majors. However, you can still earn an ROTC scholarship as a non-STEM major. Army ROTC and the Marine Option do not require you to major in a STEM area. In fact, Army ROTC has additional ROTC scholarships for STEM majors.

Army ROTC

Scholarships

If you plan to enroll in Army ROTC and would like to know more about Minuteman Guaranteed Reserve Force Duty (GRFD) scholarship opportunities that may still be available for fall 2023, contact the Army ROTC enrollment officer at rotc@vt.edu. GRFD scholarships require you to serve in the National Guard or U.S. Army Reserves upon graduation and commissioning.

Students seeking regular (active duty) scholarships will have the opportunity to compete for them during the academic year, once enrolled in Army ROTC.

Students who have already received Army ROTC scholarships through the National High School Board process will be given further details on contracting requirements and procedures through a Zoom information session. Time, date, and meeting link for the session will be posted via the Corps Canvas site and emailed at a later date.

Physical Fitness

The Army Combat Fitness Test (ACFT) is currently being used to assess the physical fitness of cadets. As part of the Army's Holistic Health and Fitness (H2F), the ACFT helps maintain Soldiers' physical and mental well-being, and plays a big role in the Army's fitness culture. The ACFT consists of 6 events: 3 Repetition Max Deadlift, Standing Power Throw, Hand Release Push-up, Spring-Drag-Carry, Plank and the Two-Mile Run. Go to the following website to learn about the 6 events: https://www.goarmy.com/how-to-join/requirements/fitness. html or click here.

Required Documents

Download and upload required Army ROTC enrollment documents through the Corps' Canvas site. However, when you report to New Cadet Week, you must bring the following items because we must see the original or notarized versions:

- Original birth certificate or naturalization certificate, or a certified or notarized copy AND photocopy of the document.
- Original Social Security card, or a certified or notarized copy AND a photocopy of the document.

We will verify the original or notarized versions and return them back to you immediately. We will keep the photocopied versions.

Army ROTC Classes

Incoming first-year cadets should enroll in Army ROTC Military Science I (MS 1005). Transfer students coming into Virginia Tech and Army ROTC as academic sophomores or juniors may have different Military Science requirements and should discuss with Mr. Buck Kellogg before orientation.

POC.

- Mr. Buck Kellogg: 540-231-4804
- rotc@vt.edu
- https://liberalarts.vt.edu/rotc/army.html

Naval ROTC

If you are enrolled in Naval ROTC and would like to know more about on-campus scholarship opportunities, email Dr. Francis Cavendish at fcavendish@vt.edu.

Physical Fitness, Naval

The physical fitness test includes a plank, two minutes of push-ups, and a 1.5-mile run.

- Men: <u>navy-prt.com/us-navy-overall-fitness-standards/navy-pt-standards-for-men/pt-standards-males-20-24/</u>
- Women: https://www.navy-prt.com/us-navy-overall-fitness-standards/navy-pt-standards-for-woman/pt-standards-females-20-24/

Physical Fitness, Marine Option

The physical fitness test includes two minutes of crunches, pull-ups (men) or flexed arm-hang (women), and a 3-mile run. See the standards by gender and age at <u>fitness.marines.mil</u>.

Required Paperwork

Download the forms from the VTCC 2027-Fall 2023 / ROTC Paperwork course site on Canvas. Be sure to select the appropriate category for "Scholarship" or "College Program" (not on scholarship). Upon download, save the forms as a PDF file on your device. Complete the forms and submit as an "upload" into Canvas under the same module you downloaded the forms from. Please do not sign anything so the NROTC unit staff can witness. Bring an original certified birth certificate, passport, or citizen naturalization certificate, Social

Security card, and driver's license (if you have one).

Those on scholarship must have a completed DoDMERB physical that is stamped "qualified" or "waiver able," prior to swear-in. Those who wish to join the college program will need to provide a copy of the Corps of Cadets physical and immunizations record, which means you will need two copies: one copy uploaded to Canvas for the Corps of Cadets and the other given to the Naval ROTC at orientation.

ALL new midshipmen joining Naval ROTC are also required to provide a copy of a Sickle Cell lab test. This can be completed at Schiffert Health Center or at the time of your physical.

POC

- LT Graves
- **■** 540-231-4830
- gravesjc@vt.edu
- <u>liberalarts.vt.edu/rotc/navy.html</u>

For more specific medical questions:

Ms. Lynn Ott

- **■** 540-231-8525
- lynnott@vt.edu

Air Force ROTC

If you are enrolled in Air Force ROTC and would like to know more about in-college scholarship opportunities, contact Virginia Tech Air Force ROTC at <u>usaf@vt.edu</u>. Cadets in a four-year program who are eligible will meet a scholarship board during the spring semester. Cadets in a three-year program will have a fall scholarship board.

Physical Fitness

The physical fitness test includes one minute of push-ups, one minute of sit-ups, and a 1.5-mile run. See the standards by gender and age at <u>afrotc.com/what-it-takes/fitness</u>.

Required Paperwork

Download the Air Force ROTC "Directions & Required Documents" and follow it to complete all required actions. If you have questions, email TSgt Spotswood at christophers84@vt.edu. Bring your Air Force paperwork with you to New Cadet Week for processing.

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TSgt Spotswood

- **■** 540-231-6405
- usaf@vt.edu
- https://liberalarts.vt.edu/rotc/airforce.html



The Highty-Tighties

If you are interested in joining the Highty-Tighties, the regimental band, complete the Highty-Tighties Stipend Form and enroll in the one-credit Instrument Ensemble Music class, Music 3314 (CRN: 88266, Instructor: JM Bean). It will meet Monday, Wednesday, and Friday from 5 to 6:30 p.m.

The Highty-Tighties use silver-tone instruments, which are provided. The Highty-Tighties also offer a jazz band, a pep band, buglers, a brass quintet, a string ensemble, and more. You will earn academic credit each semester you are in the regimental band.

Band is your company in the Corps of Cadets; it is not in addition to the Corps. Your academic success is very important. If you effectively use your study hours (the band has the same dedicated study hours as line companies), you will be able to balance your academic major (including engineering) and participation in the band. Why not surround yourself with fellow cadets who share your love of making music?

Our alumni provide a \$2,000 stipend for all first-year Highty-Tighties (\$1,000 paid the first year, and a second \$1,000 paid the second year you are in the Band). If you have questions about life in the band, preferred musical experience, or performances, reach out to Senior Chief Jim Bean.

POC

MUCS Jim Bean

- **■** 540-231-3296
- jbean88@vt.edu
- vtcc.vt.edu/band.html
- YouTube





NEW CADET GUIDE

Chapter 2: Getting Ready



VI VIRGINIA TECH.

Summer Programs and Orientation

Summer Start Cadets

Summer Start is offered from July 3-Aug. 11. If you will be at Summer Start, please let us know at corps@vt.edu. Summer Start will work with you so that you can complete your finals and arrive on time for the New Cadet Check-in on Thursday, August 10th.

Transfer Cadets

If you have not already completed your housing contract online, you will need to email housing@vt.edu with your full name and birthday and request a "cadet" housing contract. Until housing opens a contract for you, you will not be able to sign up for Corps housing through the StarRez portal.

You will need to add a section of MGT 1945 to your class schedule that works for you. If you have an unavoidable conflict with MGT 1945 or Corps' lab, you will need to obtain approval to miss Corps' lab from your Deputy Commandant at the beginning of the semester.

Talk with your ROTC program about additional classes you may need to take if you have fewer than four years until graduation. Most ROTCs require a minimum of six semesters remaining to graduation from Virginia Tech to participate and commission. If you have fewer than six semesters remaining, contact your ROTC directly. If you have fewer than four semesters, contact LTC Mariger at corps@vt.edu as soon as possible.

You will be completing New Cadet Week the week before school starts and will complete two semesters in first-year standing in the Corps regardless of your academic level. The only exception to this policy is if you have only four semesters remaining to graduate. This can be discussed at your first interview with your deputy commandant during the school year.

International Cadets

The Corps and Cranwell International Center work together to help make your transition to Virginia Tech, and the United States, a smooth experience.

Like all other new cadets, you will check-in with the Corps and move into your residence hall on the first day of New Cadet Week. We highly recommend that international students choose one of the earlier blocks for movein through the Canvas assignment, but you must plan to arrive on campus no later than 11 a.m.

It is critical that you complete the Immigration Document Check upon arrival in the United States. You can find instructions for how to do this and a list of the documents you will need to complete the check at international.vt.edu/Immigration-Services/IntlHokies.html. Failure to complete the Immigration Document Check-In e-form may result in the cancellation of your immigration record in the U.S. Department of Homeland Security Student and Exchange Visitor Information System (SEVIS).

We will get you to the International Student Orientation sessions for check-in, your visa paperwork, and academic advising during New Cadet Week to help you accomplish the items you must for International Student Orientation. You will be escorted to any orientation events you need to attend by your upperclass cadets. The Cranwell International Center and New Student and Family Programs are aware of your unique situation as an international cadet.

Virginia Tech New Student Orientation

New Student Orientation is an overview of life as a Hokie. The experience includes monthly tasks on Canvas and your academic department should be in touch with you regarding how to sign up for your classes. Parents are encouraged to attend the family programming offered through the online New Student Orientation. Plus, don't forget to read the university's <u>You're In, Now What?</u> website for new students.

Signing Up for Classes

Your academic department or college will send you information about their plan for registering for classes. Make sure to add a section of MGT 1945 (Corps Lab) that works for your class schedule. Also, be sure to add your desired ROTC/Citizen-Leader Track classes and labs.

The Corps lab represents a mandatory Corps' lab for all cadets. If you have an unavoidable class conflict, you will need to obtain approval from your Deputy Commandant at the beginning of the semester.

Hokie Passports

Your Hokie Passport is one of the most important tools you will have as a student at Virginia Tech. It will be used to access your residence hall, your room, your meal plan, the buses, your extra money for laundry (Hokie Passport account), and to check out books or electronics from the library. Through the Orientation Canvas course, you will receive directions on how to submit your picture for your Hokie Passport.

Domestic students will receive their Hokie Passport in the mail and must bring their Hokie Passport and their driver's license or U.S. or international passport to verify the I.D. with them when they check-in. For students residing outside of the United States, you will be taken you to the Hokie Passport Office for your Hokie Passport picture and I.D. Bring an authorized identification with you to New Cadet Check-In (U.S. driver's license, U.S. passport, or your country's passport, etc.) to verify.

Parents or family members will need to provide Hokie Passport Services with their student's FERPA passcode before any student information can be released to them.

- Find more information on FERPA at registrar.vt.edu.
- For questions about Hokie Passport Services, go to hokiepassport.vt.edu.

Corps Requirements This Summer

Corps Orientation

Both you and your family should try to attend Corps' Orientation. You can register for a half-day session between July 6 and July 21 through the assignment on Canvas. During Corps' Orientation, Maj Gen Randal Fullhart, the commandant of cadets, will explain the organization of the Corps and the ROTCs, the move-in plan, and what to expect for New Cadet Week and your first year.

Corps Town Halls

Periodically throughout the summer, the Corps will host town hall meetings to answer questions you and your family may have. The link will be sent in an email to your vt.edu email and through an announcement on the Corps' New Cadet Paperwork Canvas course. The first will be at 12 p.m. June 2 via a Zoom webinar. It will also be recorded and the link will be shared via the Canvas course.

Uniform Fittings

As part of the registration for your half-day Corps' Orientation session, you will choose a half-hour Tailor Shop appointment. Approximately 10 minutes before your appointment time, you should check-in at the Pearson Hall West Lobby. DO NOT show up at the Tailor Shop. Corps' Orientation staff will escort you to the Tailor Shop for your fitting.

Families can use the time their student is being fitted for uniforms to tour a sample new cadet room visit the VT Bookstore, get a coffee, snack, or lunch. The appointment will take approximately 30 minutes, and the Corps' Orientation Staff will escort the student back to the Pearson Hall West Lobby.



Meal Plans

You will be able to select any one of three on-campus dining plans: Major Flex, Mega Flex, and or Premium Flex. Find your perfect meal plan at <u>dining.vt.edu/plans_policies.html</u>. Changes are accepted until the day before the dining plans start for the fall semester.



Room Assignments

Room assignments will be made around the first week in August. If you are interested in joining the Highty-Tighties, please contact LTC Mariger at corps@vt.edu. Your room assignment will be available online. Check One Campus or StarRez.

- Unforeseen circumstances could require that assignments be changed. StarRez will reflect the most accurate room assignment.
- If the Corps has not received your positive intent to enroll as a cadet by July 1, you will not be allowed to enroll in the Corps for the fall semester unless approved by the commandant of cadets. This may also trigger the withdrawal policy and you may lose your offer to attend Virginia Tech.



Company Assignments

Company assignments will be emailed to your vt.edu email the first week in August. Company and roommate assignments are random for new cadets. If you are a legacy cadet and wish to be assigned to a company this fall or next based on your family's previous company, complete the Legacy Company Assignment Request in Canvas.

Regimental Organization

The regiment is made up of four battalions. There are typically four companies in a battalion. A company represents approximately 90 cadets of all year groups that live together in the Corps' residence halls. There are usually around 30 new cadets in each company. Your company will be the main unit that you will interact with as a new cadet.

1st Battalion	2nd Battalion	3rd Battalion	4th Battalion
Alpha	Echo	India	November
Bravo	Foxtrot	Kilo	Oscar
Charlie	Golf	Lima	Band
Delta	Hotel	Mike	

Sophomore Shuffle

After your first year, you will be shuffled to a new company and battalion to:

- Give you broader exposure to different leadership styles
- Equalize the size of each company
- Give you a fresh start as an upperclass cadet
- Expand your professional network

Highty-Tighties do not participate in the sophomore shuffle and will remain members of the band.



Computer and Software Requirements

Computer Requirements

Each college and department has different computer requirements, which can be found at <u>compreq.vt.edu</u>. Students connect to the Internet in their rooms through an Ethernet cable and connect through wireless when traveling around campus. A long Ethernet cable is useful.

If you need assistance setting up your computer, contact 4Help, the university's IT personnel, at 4Help@vt.edu, 540-231-4357, or by using your VT Username to log into vt4help.service-now.com.



Software Requirements

The Undergraduate Bundle provides students with access to the Microsoft Office applications for Windows, macOS, and mobile devices, as well as the Microsoft Windows operating system. Software updates are provided for as long as you are enrolled in credit hours at Virginia Tech. For more information see the Requirement FAQs at itpals.vt.edu/softwarelicensingcenter/studentsoftware/incomingundergrad.html or contact Student Software Sales at studentsoftware@vt.edu or 540-231-3969.

Students in building construction, engineering, communication, the Pamplin College of Business, and the School of Architecture + Design, and visual arts usually have additional software requirements. Visit <u>itpals.vt.edu/softwarelicensingcenter/studentsoftware/incomingundergrad.html</u> for more information.





NEW CADET GUIDE

Chapter 3: New Cadet Week



VI VIRGINIA TECH.

Getting to Campus

Air Travel

The nearest commercial airport is the Roanoke-Blacksburg Regional Airport (ROA) in Roanoke, Virginia, which is about 40 miles (64 km) northeast of Blacksburg. The airport offers a snack bar, newsstand, and small bookstore. Airlines servicing the airport are Allegiant Air, American Airlines, Delta, and United Airlines.

See Parking Services' <u>Alternative Transportation page</u> for several options for transportation from regional airports to campus.

If you arrive at the Roanoke-Blacksburg Regional Airport, the Smart Way Bus offers a \$4 one-way/\$8 round-trip shuttle between the airport and campus. If you will be arriving via the Smart Way Bus, please email corps@vt.edu.

Hotel Information

Find information as well as directions to campus and hotel information at our <u>Google map link</u>. You will need to arrive between 7:30 and 11 a.m. Thursday, Aug. 11 and all families will complete their activities by 5:15 p.m.

Check-In Uniform

Your prescribed attire for check-in is:

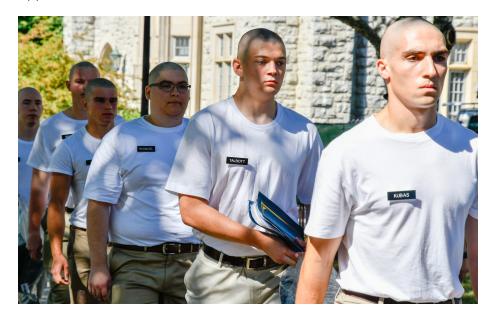
- Khaki pants with a brown belt
- A plain, white crewneck T-shirt (different from the V-neck T-shirts for under your uniforms)
- White athletic socks
- Tennis/running shoes

Make sure you wear a belt, and your shirt is tucked in. Male cadets must be clean-shaven before arrival. All cadets must remove all piercings before arrival.



Haircuts

Male new cadets should arrive with a "zero" haircut. Your barber will understand the term – it refers to the setting on the hair clipper.



Female new cadets may choose one of two options before arrival:

- 1. Your hair must not touch the top of your collar when wearing a collared shirt, OR
- 2. It must be long enough to put into a ponytail.
 - Short/medium-length hair that is too short to pull into a neat ponytail: Cut your hair short enough that it will not touch the top of a collared-shirt collar. If you have bangs, cut them so that they do not fall below the eyebrows. It is important that you arrive with your haircut to this standard since you will find it difficult to find the time to get a haircut once New Cadet Week begins.
 - Long Hair that is long enough to pull into a neat ponytail: Cut the length of your hair so that it does not extend beyond an imaginary straight line drawn between the bottom of your shoulder blades. For Check-In, place your hair into a neat ponytail (no stray hairs) at the centered and at the bottom of the back of your head using hair ties/barrettes/pins that match the color of your hair as much as possible, if needed.

During New Cadet Week, female upperclass cadets will show you how to arrange your hair to meet the uniform standards.

New cadets who arrive without the prescribed haircut will be directed to a barber/hairstylist in town to complete this requirement before completing in-processing.

If you need medical or religious accommodation, contact LTC Mariger (corps@vt.edu) as soon as possible.

Check-In Unloading & Move-In Plan

The arrival of an entire class in a short amount of time requires a solid plan and the cooperation of all involved. Each new cadet is limited to two guests for move-in.

Sign Up for an Arrival Time

To best use our available unloading areas, we have designated eight half-hour blocks between 7:30 and 11 a.m. to stagger arrival times and mitigate congestion.

Sign up for a time to arrive via the link in the Canvas course.

Choose only one arrival time and save it to your calendar. Each half-hour block has 60 openings. Once a block is full, it is no longer available.

We will send an email with your company and building to print and place in the right-hand dashboard of your vehicle. Please place this on your dashboard before approaching Alumni Mall or your area on the Drillfield.

All new cadets must arrive during New Cadet Check-In, if you must arrive after check-in, you will be asked to enroll in the Corps of Cadets the following fall semester instead. If this is your case, contact LTC Mariger at corps@vt.edu as soon as possible.

New Cadets Arriving Alone

Let the Corps recruiting staff know you will be arriving alone by emailing corps@vt.edu prior to check-in day. You should follow the same unloading directions. Let the cadre in the unloading area know that you are alone and will need assistance parking your car.

Make sure you have already purchased your parking pass for the year and placed the hangtag in the window. You will not have a chance to return to your car during New Cadet Week.

You will move your car from the unloading area to the Duck Pond Road Lot ("the Cage") with a cadet following in a Corps vehicle. The cadet will give you a ride back to Torgersen Hall to begin the check-in process.

Do not forget to bring your Hokie Passport, your cellphone, and any needed Corps or ROTC paperwork and verification I.D.

New Cadets Arriving By Smart Way Bus

Contact the Corps Recruiting Office at <u>corps@vt.edu</u> as soon as you have confirmed your travel plans. You must arrive on campus between 7:30 and 11 a.m. on move-in day.

Arrive At Your Designated Time

At your assigned time, be at the arrival location for your residence hall with your company/building pass displayed. Cadre will check you in and direct you to an open location to unload.

Directions for Unloading

More detailed directions for unloading will be provided during Corps Orientation in July and posted to the canvas course.

Moving and Checking In

Once all your gear is unloaded from your vehicle, you and your family will split up for New Cadet Check-In.

New cadets: Proceed to check-in in Torgersen Hall. You should have the following:

- Your cellphone (for your family to call you)
- Your ROTC paperwork that requires the original must be verified.
- Your Hokie Passport AND a valid driver's license, military ID, or passport. If you still need to pick up your Hokie Passport, you will be able to during the New Cadet Check-In process.

You will reconnect with your family in your room once you have completed check-in, which takes about 90 minutes.

Parking After Unloading

Once you have completed unloading and before your family moves your gear to your room, all cars must be moved from the unloading zone to parking to allow the next time-block of arriving families an opportunity to unload. There will be no parking spots located in the unloading zones.

Parking is available at the North End Center Parking Garage and your family will be given a parking voucher to park in the North End Center Parking Garage when they drop you off for check-in. Other parking on campus is available using Park Mobile (\$6.30/day).

Mail During New Cadet Week

Residential mail services are not available until classes begin. However, your family will be able to mail letters to the Commandant's Office for delivery to you during New Cadet Week. Ask them to wait to send boxes of goodies or care packages until after Aug. 18. You will receive your mailed packages during New Cadet Week, but unless they contain medication, you will not be allowed to open the contents until after the New Cadet Parade. See the New Cadet Week address format below where "X" denotes your assigned company and battalion.

New Cadet First M. Last X Battalion X Company Room # Residence Hall CLMS Bldg (0213) 355 Old Turner St. Blacksburg, VA 24061

Move-In Schedule

Time	Location	Activity
7:30-11:30 a.m.	Corps Resident Halls	■ Cadet: Check in and proceed to Torgersen Hall with your cell phone, Hokie Passport and Driver's License, or Passport.
		■ Family: Unload, Park, & Move in NC's Gear
12:30-1:30 p.m.	Blacksburg area	■ Cadet and family: Lunch and say goodbyes before 1:30 p.m.
1:30 p.m.	Corps Residence Halls	■ Cadet: Depart for New Cadet Welcome Brief
		■ Family: Depart for the commandant's address.
2-3:00 p.m.	Cadet: McBryde 100	■ Cadet: Training
	Family: Squires Student Center, Commonwealth Ballroom	■ Family: Commandant and ROTC professors address parents
3:15-4:45p.m.	1st BN: McBryde 100	■ Cadet: Training
	2nd BN: Colonial Hall, Squires 3rd BN: Commonwealth Ballroom 4th BN: Graduate Life Center Auditorium	■ Family: Deputy commandants' addresses.
4:45-5:00 p.m.	Upper Quad	■ Cadet: Proceed to Upper Quad for new cadets' first formal retreat
		■ Family: Proceed to Upper Quad for new cadet's first formal retreat
5-5:15 p.m.	Upper Quad	■ Cadet: Formal retreat
		■ Family: Formal retreat
5:15 p.m.	Upper Quad	■ Cadet: Proceed to dinner
		■ Family: Depart

Corps Fees

There are a few additional fees for new cadets.

- 1. One-time Corps Fee: A \$100 fee will be charged to your tuition bill to cover cadet activities.
- 2. Each semester all cadets pay a Cadet Capital Fee of \$240.
- 3. An Early Meals Fee: Covers the cost of meals during New Cadet Week before the fall semester meal plan begins. We expect it to be approximately \$150.
- 4. Tailor Shop Fee: Approximately \$1,165 per cadet will be billed to all cadets through their student account by the Bursar's Office each fall semester.
 - a. Cadets who meets the ROTC's qualifications (e.g., enrolled when the commutation is determined, completing all ROTC forms, and passing your physical fitness test) will receive a commutation to help offset most of this fee. The amount of the commutation will vary by ROTC.
 - b. Citizen-Leader Track cadets enrolled in the spring semester who meet the Corps' requirements will also receive a commutation funded by the Corps.



Phones During New Cadet Week

You will be allowed to carry a cellphone and accept a call from family during in-processing to tell them your location and estimated return time to the residence hall until 1:30 p.m. of check-in day. After that, cellphone and smartwatch use are limited during New Cadet Week and are not to be used for personal communications. You will be given access to email twice per day to check for updates from the university about classes, orientation events, etc. During New Cadet Week, parents and families should not plan on communications from you via email or text.

Cellphones and smart watches are authorized after the New Cadet Parade and during the school year.

What Happens During New Cadet Week

The purpose of New Cadet Week is to get the newest cadet class up to speed prior to the beginning of classes. Activities build mental and physical strength. University knowledge will be covered, including a general campus tour, a library tour, briefings on university and cadet honor codes, and an introduction to some of the university's services.

Throughout New Cadet Week, your family can follow your progress as a class through the <u>commandant's Facebook page</u>, which will be updated daily with photos. You will have very limited access to electronics, including computers and phones, during this first week. You will not be allowed food in your room, other than bottled water, this week. Ask your family to wait to send food care packages until after New Cadet Week.

Your general daily schedule will include a 5:45 a.m. wakeup, physical fitness, daily briefs, drill and manual of arms practice, the obstacle course and rappel tower (weather permitting), hygiene time, and bed by 10 p.m. Most of the week's focus is preparation for the New Cadet Parade.

Medical Readiness

All new cadets must complete a Corps physical. The Corps will not disqualify you for participation based on your medical condition/s. We will follow your doctor's directions for any limitations for training that you have.

However, if you are considering joining an ROTC program and you have a medical issue, you should check with your ROTC about the likelihood that you might be medically disqualified to participate. In the past, new cadets with allergies to bee stings, prescribed inhalers after age 12, and knee surgeries have found it difficult to qualify to commission as officers.

All new cadets who are contracted or who earn an ROTC scholarship, must pass two DoDMERB physicals: the first when they are selected for an ROTC scholarship and the second before they commission. You can find more information about the DoDMERB Qualification process at dodmerb.tricare.osd.mil/FAQs.aspx.

It is not an official source, but you can check the Service Academy Forums under the DoDMERB Discussion board for more information about what has been decided for other cadets at serviceacademyforums.com/ index.php.

Physical Fitness

You should arrive in August in good physical condition and ready to meet the demands of physical training in the summer heat. It will be much easier to learn and enjoy meeting your buds (fellow new cadets) if you are not physically drained. You should be able to run 1.5 miles before you arrive.

Tips for getting ready for New Cadet Week

(Note: You should consult with a physician before starting any exercise program.)

- Hydrate, especially in the week before you arrive on campus. As a guideline, consider drinking a quart of water a day. Don't underestimate the effects of the summer heat during New Cadet Week.
- Cut back on caffeinated drinks. You will not be allowed soda or coffee during New Cadet Week.
- Get used to going to bed by 10 p.m.
- Develop a plan to improve your physical fitness with short-term and long-term goals. Remember, you don't need to be an athlete to complete New Cadet Week, you just need to get in and stay in shape.
- Set six-week goals for improving your sit-ups, push-ups, and run and practice them daily.

- Find a friend to workout with.
- ■Overall, stay positive and stick with it.
- You will be on your feet and moving around most of the day during New Cadet Week. Care of your feet is critical to finishing cadet training successfully.

Your first year will be demanding, both mentally and physically. This is a senior military college; come expecting a military environment. Be prepared to learn and to push yourself. However, know you will not be alone – your buds (fellow first-year cadets), cadre (junior and senior cadets assigned to train you), the Corps, and ROTC staffs are here to help you succeed. The sense of accomplishment you will feel after the New Cadet Week Parade, Red Phase, the Caldwell March, and your first year will make every moment worth it!

New Cadet Parade

This year's New Cadet Parade will be at 10 a.m. Aug. 17 on the Drillfield.

After the parade, you can depart with your family. However, you must return to your residence hall room no later than 10 p.m. Thursday to prepare for mandatory events on Friday.

On Friday morning, you will be attending your college sessions. After your college session requirements end, you can spend time with your family until Sunday afternoon. You must be back in your residence hall room by 4 p.m. Sunday.

Your uniform over the weekend will be Hokie Bag. You must wear your uniform when in public.

If your family is not in town, you can sign out to the Blacksburg/Christiansburg area in order to take care of personal errands. If you are not staying overnight with your family over the weekend, you must return to your room by 10 p.m. each night.

All new cadets will meet in their residence hall company room in Hokie Bag no later than 4 p.m. on Sunday, Aug. 20 to participate in the Weeks of Welcome events Sunday evening.

Fall Family Visit Opportunities

If your family would prefer to visit you later in the fall semester, there will be a few key weekends.

Family Weekend (Sep. 29 - Oct. 1) coincides with the Military Appreciation football game against Pittsburgh and the university will have several events for families to attend on campus. Registration will open July 1 on Hokie Family Hub (https://vtfamilies.campusesp.com/users/sign_in). Learn more about Family Weekend here: https://students.vt.edu/families/family_weekend.html#:~:text=Fall%20Family%20Weekend%3A%20 September%2029,explore%20the%20Virginia%20Tech%20community.)

During Corps' Homecoming Weekend (Oct. 13-15) your family can see you in a parade and attend the football game against Wake Forest on Saturday.

Weeks of Welcome

All incoming students, including cadets, are encouraged to participate in <u>Weeks of Welcome</u> events after their college session on Friday, Aug.18. The schedule of events will be available on the <u>Hokies On Track app</u>. Be sure to download the app to the phone you bring to campus. It is the same app you used for your virtual New Student Orientation.





NEW CADET GUIDE

Chapter 4: Academic Year



VI VIRGINIA TECH.

Required Classes

You will be required to take four to five credits for the Corps and your track for the fall semester. With three successful leadership positions in the Corps of Cadets, in addition to a few additional courses over eight semesters, you can earn a minor in leadership studies.

You are required to enroll in MGT 1945 for the fall semester. It is a two-credit course and an integral part of your leader development. See the handout on the Corps canvas site with a listing of the Corps class and the Track/ROTC classes.

You will also participate in Corps training each semester unless there is an unavoidable academic conflict. A Verify MGT 1945 is on your schedule when you meet with your academic advisor to schedule your fall courses.

Room Phones

Standard cadet rooms do not have installed phones. Most of the major wireless carriers are available in the New River Valley. You will be able to connect your phone to the Virginia Tech Wireless network or the eduroam network on campus. Visit 4Help for more information about how to connect your phone to the wireless networks.

Hard-wired emergency phones that connect directly to the Virginia Tech Police Department are available in the residence halls.

Laundry

Cadets are responsible for their own laundry at the self-service facilities on campus. Students may use coins, or their Hokie Passport accounts to pay for the machines. Plan for approximately \$4 per load to wash and dry and the washers use high-efficiency (HE) laundry detergent.

Dry Cleaning

A Cleaner World offers a cadet drop-off/pick-up site on the first floor of the Military Building for uniform pieces that require dry-cleaning (wool blouse, etc.) Other dry-cleaning services are available in town.

A Cleaner World can provide uniform storage over the summer. There is no additional charge, but there is a charge for dry cleaning all uniforms prior to being returned.

Cars

First-year cadets are permitted to have cars at Virginia Tech, but new cadets are discouraged from bringing a car unless it is necessary to attend National Guard or Reserve duty. New cadets will not have many opportunities to use a car before Thanksgiving. We recommend new cadets leave their cars at home for the first semester and re-evaluate bringing one to campus after Thanksgiving. Your Hokie Passport will act as your bus pass (you pay a bus fee in your semester fees) and the Blacksburg Transit (BT) buses cover campus, Blacksburg, and Christiansburg. On-campus students walk to class.

Bicycles

As a new cadet, you are discouraged from bringing a bicycle to campus your first semester. Cadets are not allowed to stow their bicycle in the residence halls. Bicycles must be secured to an outdoor bicycle rack. A bicycle would only be for recreational use, there is only one uniform in which cadets can ride a bicycle. If you do bring a bike, all bicycles must be registered with https://police.vt.edu/vtpd-services/bicycle-registration.html

Mail

Students receiving a letter or package will receive an email notice when a package is waiting for them. For more information about sending a package to a student or for a student receiving a package, see <u>mailservices</u>. <u>vt.edu</u>.

After New Cadet Week

After New Cadet Week, cadet mailing addresses will change to the street address of the residence halls. Mail will be delayed if it is received in the Commandant's Office and must be picked up by your chain of command to be delivered to you. It will also be delayed if "Virginia Tech" is included in the mailing address. Once New Cadet Week is complete, use the address format below.

Cadet's Name Pearson Hall East, Room # 260 Alumni Mall Blacksburg, VA 24061-9513 Cadet's Name Pearson Hall West, Room # 310 Alumni Mall Blacksburg, VA 24061-9502 Cadet's Name Upper Quad North, Room # 280 Stanger St. Blacksburg, VA 24061

Internet Access

All rooms have one active Ethernet port, which is included with the room price, but most students use the Wi-Fi that is available in their rooms. Study lounges also have Wi-Fi. Wireless access is also available widely across campus. Your network password will be different than your PID password. To generate a network password, visit: nis.vt.edu/ServicePortfolio/Network/Wireless. If you experience difficulties connecting your computer to the network, visit 4Help.

Pass, Leave, Holidays, and Study Hours

Instruction will begin Aug. 21 and conclude Dec. 6. Final exams begin on Dec. 8. Cadets observe the same holidays as the rest of the university.

New cadets are required to be in their residence halls or on campus for mandated study hours (known as Evening Call to Quarters or ECQ) by 7 p.m. Mondays through Thursdays unless they have secured pass or leave. On Sundays, ECQ begins at 6 p.m.

New cadets will occasionally be given pass on Friday and/or Saturday evening that expires at a time designated by their chain of command.

New cadets are authorized to travel outside a 50-mile radius by requesting leave a maximum of two times per semester. The purpose of limiting leaves and passes for new cadets is to assure the students begin good study habits and do not miss critical training during their first semester.

Leave

Cadets can request authorization to travel outside of a 50-mile radius of Blacksburg by requesting leave. Leave is not restricted to any specific weekend or days of the week, but it requires additional substantiation and approval if it occurs during weekdays or during mandatory Corps events (football games, formal events, training, etc.). In the event of a family or personal emergency, emergency leave can be requested through your deputy commandant. You are highly discouraged from making travel or hotel reservations, etc. until you know your leave has been approved...else you risk losing the fees.

Pass

Pass is the authorization of a cadet to be away from campus during evening and night hours, while remaining within a 50-mile radius of Blacksburg. The most common type of passes used by new cadets are:

- Family Pass: Authorization to leave campus overnight on a weekend (back by 6 p.m. Sunday) or during evening hours on a weekday (back by 11 p.m.) to be with visiting family within 50 miles of Blacksburg. Family members are defined as parents, stepparents, grandparents, aunts, and uncles. Exceptions for visits by siblings as the only family member require approval by the deputy commandant. Family Pass can be taken on closed weekends after the cadet has completed his or her Corps requirements (for example, after a football game).
- R-Pass: Authorization to travel in the immediate vicinity of campus for religious gatherings. R-Pass that conflicts with mandatory Corps events requires approval by a deputy commandant.



Extracurricular Activities

Can I Play Sports as a Cadet?

Your first year is a transition year, but if you are chosen to play at the highest level at Virginia Tech (either varsity or club), you may participate your first semester. If you are selected for a team, be sure to inform the Corps Recruiting Office and your deputy commandant as soon as possible, as scheduling issues must be coordinated between the coach and the Deputy Commandant.

Other Activities

One of the advantages of being in the Corps is the opportunity to participate in the variety of activities available on a civilian campus. If you earn a 2.5 GPA or higher your fall semester, you may add a Corps extracurricular activity for spring semester with the approval of your deputy commandant. For a list of cadet organizations and more information, visit: vtcc.vt.edu/join/ organizations.html.

After your first year, you may participate in any of the hundreds of student organizations at the university with permission from your deputy commandant and with a GPA of 2.0 or higher.

Health Insurance

The student health fee, included in each year's tuition, covers most services provided by Schiffert Health Center, unlimited visits, and most laboratory procedures. Some services require a minimal charge.

The university strongly recommends health insurance coverage. The student health fee does not cover emergency room visits,

hospitalization, and specialist care. To save money and hassle at a critical time, please check your insurance plan and determine the in-network providers and primary care managers in our area prior to coming to school. If your parents do not cover you under a health insurance policy, the university offers student insurance at group rates: https://risk.vt.edu/smi.html



The on-campus health center provides students with care that is both preventative and curative. Services include care for acute illnesses and injuries, as well as chronic conditions.

Make an appointment by calling 540-231-6444 or through the Healthy Hokies Portal found at healthcenter. vt.edu/. If you have an urgent need and no appointment, the center does have a triage system where you can talk with a care provider who will advise you, refer you for same-day care, or suggest a scheduled appointment.

For non-emergency, after-hours medical advice, call 540-231-6444. There are multiple urgent care centers in the area, as well.

Health Education

There are many concerns that you may have during your time at Virginia Tech, including learning about various health concerns, such as sexually transmitted diseases, ways to stop smoking, or how to eat right. Visit heathcenter.vt.edu Ato Z Resources about health concerns you may have.



Insurance and Billing

The student health fee, included in each year's tuition, covers the majority of services provided by Schiffert Health Center, unlimited visits, and most laboratory procedures. Some services require a minimal charge. To learn more about how charges are posted, visit heathcenter.vt.edu/insurance_billing.html

Schiffert Health Center does not accept insurance nor do they directly bill insurance companies.

Cook Counseling Center

This on-campus mental health facility provides a variety of services such as group counseling, individual counseling, and psychiatric appointments. Practioners at Cook Counseling can also offer self-care and support techniques for those coping with trauma, eating disorders, and alcoholism. You may call 540-231-6557 during regular office hours to schedule an appointment or after-hours to speak with a counselor. New cadets are also encouraged to visit Well-Being at Virginia Tech for additional support on mental health, exercise and movement, physical health, alcohol, nicotine, and substance use, financial wellness, and to learn more about #VTBetterTogether.

Students have free, 24/7 access to virtual care with <u>TimelyCare</u>, the virtual health and well-being platform from TimelyMD designed for college students. Students have access to on-demand mental health support 24/7 through TalkNow, telehelth counseling for up to 12 sessions per academic year, and unlimited health coaching. Register for TimelyCare online at https://app.timelycare.com/auth/login or download the app.

Transitioning to Cadet Life

Transitions in life are stressful and going away to college is a major one. Remember that it is just a matter of establishing new habits. Greeting your fellow cadets and room inspections will quickly become new habits for you. Sounding off and dragging will become second nature to you. It all serves a purpose, one that is worth learning and can change your future for the better.

We highly encourage you to give yourself some time to settle in before deciding to stay or go, especially during the first two weeks when life is hectic and different from high school. The decision you make will affect a semester of your college life.

During Red Phase, the withdrawal policy below applies, and you are required to leave Virginia Tech and return in the spring. You begin the process by talking with your cadre sergeant. After Red Phase, you should start with your fire team leader.

Withdrawal Policy

It is university policy that any first-semester cadet (including off-campus transfer cadets) who wishes to leave the Corps before Friday, Sept. 29, must also withdraw from the university for the remainder of the fall semester. He or she may return as a civilian student in the spring semester without having to reapply for admission to Virginia Tech.





NEW CADET GUIDE

Chapter 5: Uniforms & Packing List



VI VIRGINIA TECH.

Uniform Policy

The cadet uniform is university property and issued to you for use as a cadet student. If that status is terminated, by resignation or dismissal, you will be required to return the uniforms, cleaned and pressed, to the Tailor Shop. The Tailor Shop fee is non-refundable even if you only spend one day in the Corps.

Make sure you read and understand the Tailor Shop Policy you will sign as an assignment in the New Cadet/ROTC Paperwork on Canvas. Your cadre will go through an inventory with you when you arrive to identify any missing items.

New Cadet Uniform Issue 2023-2024

Initial Issue

1 Blue Cover2 OCP Trousers3 Black T-Shirts1 White Cover1 PolyPro Shirt3 OCP VTCC T-Shirts1 All-Weather Coat1 Maroon Polo1 Bathrobe1 Black Windbreaker1 Coyote T-Shirt1 Gray Blanket

1 Black Parka & Fleece Liner 1 pair Combat Boots 1 Blouse

2 White Shirts 1 pair Low Quarters, Leather 2 Gray Short-Sleeve Shirts (Highty-

2 White CNT Trousers1 Maroon LS ShirtTighties only)2 Gray Trousers1 Sweatpants1 Accessory Kit

1 OCP Cover 1 Sweatshirt 2 OCP Shirts 2 Black PT Shorts

Accessory Kit

2 Blouse Collar Insignia1 pair White Cotton Gloves2 Nametags1 Brass Waist Plate1 Coyote Web Belt with Buckle1 Laundry Bag1 Brass Breast Plate2 Corps Crests1 Reflective Belt1 Brass Cap Device2 White Collars1 Watch Cap

1 Raincover1 Black Hydration Pack2 pair Boot Blousers2 Windstraps1 pair Cross BeltsCompany patches, pins1 Black Tie3 White Web BeltsOCP Nametapes/VTCCs

Second Issue

1 Black Belt & Buckle Mess Dress Options:

1 pair Black Leather Gloves, Dress 1 White Mess Jacket or Paletot

1 pair Black PT Gloves 1 White Skirt or White Trousers

1 Pair Nitrile Palm Work Gloves 1 White Blouse with Tab
2 White Shirts Dress Uniform Brass
2 Gray Long-Sleeve Shirts Gold Cummerbund

1 White CNT Paletot and Trouser1 pair Shoulder Boards and CrestsBlack Dress PumpsGray Skirt, optional

1 Overcoat

New Cadet Packing List

Find details about the items on the packing list on our Pinterest boards. Items marked with an asterisk (*) are sold in the Cadet Box from the VT Bookstore.

When packing, less is better. You will have limited storage in your room. If an item is not on this list, don't bring it.

Clothing

1 Pair	Dress shoes, brown (i.e. oxfords, Sperry boat shoes)
1 Each	Belt, brown
1 Each	Belt, black
2 Pair	Khaki trousers, tan (Docker-style. No cargo pockets. Tan khaki.)
6 Pair	Dress socks, black
1 Pair	Black low quarters (issued by Tailor Shop; bring back to campus with you.)
1 Pair	Lightweight jungle-style boots (issued by Tailor Shop; bring back to campus with you.)
12 Pair	Boot socks (black or olive drab, mid-calf or higher)
12 Pair	Athletic socks, white, no logos or color showing, cover ankle (between half calf and ankle)
12 Pair	Underwear (at least 3 must be white or nude colored)
3 Pair	Underwear, black (Air Force ROTC only)
1 Each	T-shirt, white, crewneck for New Cadet Check-In
12 Each	T-shirts, white, V-neck
3 Each	T-shirts, any color (for personal physical fitness)
3 Pair	Shorts (for personal physical fitness)
1 Pair	Shoes, athletic/running
2 Sets	Sleepwear/pajamas (personal preference)
1 Each	Wrist watch, professional in style (conservative black band)
1 to 2	Sets Civilian clothing for travel on pass/leave (that's all you will need until spring semester)
1 Each	Swimsuit
2 Each	Rain ponchos, disposable, clear

Personal Hygiene & Well-Being

1 Pack	Disposable face masks (if needed to visit Schiffert Health Center)
1 Each	Digital thermometer
1 Each	*Hand Sanitizer
1 Box	Tissues
1 Each	Toothbrush
1 Each	Toothpaste

	1 Each	Floss	
	1 Bottle	Shampoo/conditioner (anti-dandruff, if desired)	
	1 Each	Body wash	
	2-4 Each	Hand soap	
	1 Pair	Shower shoes	
	1 Each	Deodorant	
	1 Each	Lotion	
	1 Each	Sunblock (SPF 30 or higher, newly shaved heads sunburn easily)	
	1 Each	Travel-sized sunblock (SPF 30 or higher)	
	1 Each	Lip balm	
	1 Each	Brush or comb	
Eı	Emergency Self-Care Bag (as desired)		
	1 Сору	Home doctor and dentist contact information	

1 Copy	Home doctor and dentist contact information
1 Сору	Insurance card
1 Each	Prescription and dose of EpiPen (if applicable)
1 Supply	Contacts, case, solution, and extra glasses (if applicable)
1 Supply	4-5 months of long-term medications, with prescription
1 Supply	Other personal medications, with prescription (if applicable)
1 Each	Portable First Aid Kit, basic
2 Pkgs	*Mole foam/Moleskin Padding (Dr. Scholl's is popular)
1 Tube	Antibiotic ointment/cream
1 Box	Bandages/gauze pads
1 Bottle	Antacid
1 Bottle	Benadryl (if you suffer from seasonal allergies)
1 Bottle	Acetaminophen, ibuprofen or naproxen sodium (your preference)
1 Each	Bug bite remedy
1 Each	Antiseptic
1 Bottle	Cough syrup and/or lozenges
1 Package	Cold medicine

Room

	1 Each	Pillow, white
	12 Each	Hangers, heavy-duty (metal or wooden)
	2 Sets	White twin sheets (fitted, flat, and a pillowcase), must fit (tautly) a 38" $\rm W \times 80$ " $\rm L \times 7.5$ " deep
mattress		

2 Sets	White towels (bath, hand, and washcloth)
1 Each	Blanket, comforter, or sleeping bag (any color/type)
2 Each	Surge protector (a longer cord is better, 6' to 9')
1 Each	Small, foot-pedal desk-side wastebasket, with lid and bags (no more than 13 gallons)
2 Each	Large plastic storage bins/containers (lightweight, any color, stored on top of wardrobes) Space on top of cabinet: 32" across, 22.25" deep, cabinet top to ceiling: 45.5" for Upper Quad)
1 Each	Desk lamp (not halogen)
1-2 Sets	Plates, bowls, utensils, mugs (microwaveable)
1 Each	Plain alarm clock (no music capability: no radio/iPhone/iPad/other connections)
1 Each	Small water pitcher or water bottle (optional)
1 Each	Air freshener (optional)
1 Each	Air purifier (small, optional)

Professional Materials (as needed)

1 Each	Computer (see <u>compreq.vt.edu</u> for specifications by major)
1 Each	Printer, Printer ink (It is not recommended to share with roommate), scanner optional
1 Each	Black backpack, small or no visible logo (see Corps Pinterest board for examples)
2 Reams	Printer paper
1- 2 Each	USB drive
1 Set	Software (Purchased through the university: Undergraduate Software Bundle and other college specific requirements)
1 Set	General school supplies (notebooks, binders, folders, pens, pencils, highlighters, calculator, stapler, scissors, etc)
1 Each	*5-inch pointed scissors
1 Box	Pens, retractable, black (Required for all cadets)
1 Each	3x3 Post-it-notes
1 Each	3x5 index cards, ruled (Required for all cadets)

Cleaning Supplies

□ 1 Each Sponge
 □ 1-4 Rolls Paper Towels
 □ 1 Each Disinfectant Spray (i.e. Lysol brand)
 □ 1-2 Each Disinfectant Wipes (i.e. Clorox brand)
 □ 1 Each Old toothbrush (for shoes)

1Set	Dusting tools (Pledge, rags, Swiffer, etc.)
1 Each	White laundry bag (one is issued, can also bring a second one if desired), optional
1 Bottle	High efficiency (HE) laundry detergent
1 Bottle	Laundry stain remover (OxiClean, Shout, etc.)
1 Each	Iron
1 Each	Ironing board, full size (may coordinate with roommates for only one per room, if desired)
1 Bottle	Ironing starch (i.e. Faultless Heavy Starch)
1 Bottle	Multi-surface cleaner
1 Bottle	Dishwashing soap
1 Bottle	Window/glass cleaner
1 Each	Swiffer WetJet + pads

Other Cadet Items

Many of these items are sold together in a "Cadet Box" through the VT Bookstore (marked by an *). It is optional to purchase the box from the VT Bookstore, or you can buy the items individually. But make sure you have all these items.

	1 Can	Shoe polish, black (Kiwi brand)
	1 Kit	*Shoeshine kit (brush, shine cloth, etc.)
	1 Bottle	Edge dressing (optional, Kiwi Brand is popular)
	1 Set	*Manicure Set (tweezers, nail clipper, etc., also used for uniform maintenance)
	1 Each	*Doorstop, Large (sturdy, wood or hard rubber)
	2 Each	*Dry erase marker, fine, black
	1 Each	*Dry erase eraser (optional)
	1 Bottle	Dry erase cleaning spray (optional)
	1 Each	*Sewing kit (small)
	1 Each	*Portable stain remover (e.g., Tide to Go pen)
	1 Each	*Mini or regular size lint roller
	1 Each	*China marker/grease pen
	1 Bottle	*Metal Polish (Brasso and Mothers Mag & Aluminum are popular brands)
	1 Each	*Bic mini lighter
	1 Each	*Umbrella, black
	1 Each	*Memo (fit in pocket) notebook, black, waterproof
	1 Bag	*Cotton balls
	1 Bag	*Safety pins
	1 Each	*Marker, permanent, black
\Box	1 Set	Shirt stays (for examples and where to huy see Corps Pinterest hoards)

3 Sheets	Hat plastic (available individually or in Cadet Box; sold exclusively at VT Bookstore)
1 Each	Storage box, cardboard (Cadet box that the kit comes in, not necessary to buy individually)
2 Rolls	White/Light Tan Masking Tape (1.88" or $2" \times 30 \text{ yds}$), required for all cadets
1 Rolls	White/Light Tan Masking Tape (1" x 54 to 60 yds), required for all cadets
1 Each	Pool Noodle (optional, to protect your head from the metal edge of the bed when you stand up)
1 Each	Water Bottle
1 Box	Q-tips (Required, for cleaning shoe edges)
1 Bottle	Baby Powder (optional, for chafing)
1 Each	Razor, electric or disposable (package of 5 or more for razors or replacement heads)
1 Bottle	Shaving cream
3 Each	Compression shorts, black (optional)
1 Each	Professional business attire (optional for religious services: required for Citizen-Leader Track)

Women

- 1 Kit Hair supplies for bun and ponytail, matching hair color (ties, pins, barrettes, spray, gel, etc.)
 7 Each Mix, Sports and regular bras (white, nude, or skin tone)
 2 Each Nylons, skin-tone (required for wear with skirts; optional if skirt use is not anticipated)
 1 Supply Feminine hygiene products
 1 Pair 1/8-inch gold, silver, or pearl ball earrings (optional)
 1 Each Plain, black purse (optional)
- ☐ 1 Set Cosmetics, skin-tone, conservative (optional)

Items Not Authorized

The decor of a cadet's room is limited within the privileges of each class. First-year cadets are not allowed to move furniture or add significant items to the room. Specific items that first-year cadets are NOT authorized include, but are not limited to:

- A desk chair (other than the chair provided by the university)
- Towels any other color than white
- Twin Sheets any other color than white
- Posters or Wall Flags
- Floor lamps
- A personal bathrobe (other than the robe issued by the Tailor Shop)
- Rugs
- Alarm clocks that play music
- Extension cords (surge protectors are used instead)
- Televisions
- Shoe Racks (that hang outside of cabinet)
- Hammocks

Footwear Guide

You will be issued one pair of lightweight jungle-style boots and one pair black leather low quarters by the Tailor Shop. If you decide to drop the Corps of Cadets, understand that you will be billed by the Virginia Tech Accounts Receivable Department for the boots and shoes. Virginia sales tax will be added.

Important notes:

- 1. DO NOT ATTEMPT to shine your low quarters. You will receive proper training when you arrive on campus.
- 2. Once boots and shoes have been worn, it is not feasible to swap sizes. Therefore, it is important that the sizes you have selected fit correctly. Replacements will be charged as described above.
- 3. Proper fit and break-in are required to prevent blisters. Choosing quality socks will help. Ensure proper fit in the heel and toe area when trying on your boots and shoes. You will sign a form stating this when you are issued the footwear.
- 4. Do not forget to pack your boots and low quarters for your arrival on campus.

Uniform Shoes & Boots

You will be issued are lightweight jungle style boots. This style boot will help reduce foot problems from the start. The low quarters you will be issued are black leather dress shoes. If you follow the suggestions below, you will reduce your chances of major problems.

Find the style of socks that you are most comfortable wearing. These should provide cushioning between your foot and the boot while keeping your foot snug inside the boot. The heel is a common problem area for blisters, and you should ensure that you have a proper fit here. Boot socks can be black or olive drab. Dress socks must be black.

As a precaution, bring moleskin/mole foam. This will help relieve some of the discomforts of blisters in the event they occur. You will receive instructions on care and maintenance during New Cadet Week. Wear the shoes as much as possible but take caution to not scuff or scratch the leather.

Packing Lists FAQs

For more examples and links to where to purchase items on the packing list, check out the <u>Corps Pinterest Boards</u>.

Clothing

Worn with "Hokie Bag," the maroon polo is issued.

■ Dress Shoes, Brown (with laces)

Common brands for oxfords are L.L. Bean, Eastland, Bostonian, Nordstroms, Sperry, etc.







■ Belt, Brown

■ Belt, Black

■ Khaki Trousers, Tan (must have belt loops) Common brands for the khaki trousers: Dockers, GAP, Land's End, J Crew, Department stores

Tan/Sand khaki (no green khaki).





■ Dress Socks, Black (mid-calf)

■ Boot Socks, black or olive drab (mid-calf to knee)

■ Athletic Socks, White Worn regularly with cadet uniforms. Brand does not matter. Hiking, work, and box stores, online retailers all carry boot socks.

Worn with Corps/ROTC physical fitness uniforms, color on the toe or heel is fine, as long as the visible part of the sock above the shoe is all white and free from logos. No calf or no-show socks. Goal is ankle socks.





■ Underwear, at least 3 must be white or nude colored

White, beige, or nude color underwear are worn under the issued uniform white dress pants. Underwear can be of any style (boxers, briefs, etc.) Bands can be any color. Females do not need male underwear.



■ Shoes, athletic/running

Must fit well to reduce blisters, no restrictions on color.



■ Wristwatch, professional with black band After New Cadet Week, a wristwatch is a must for all cadets to be on time. It can have an athletic, metal, or leather band, but the band must be black and the watch conservative. Apple Watches or other smart watches are allowed.

■ Shower Shoes

Showers are used by many cadets, so shower shoes are a must.



Room

■ Linens

Towels and sheets must be white with no pattern or distinctive markings. Cadets prefer the snug fit to make it easier to prepare their beds for inspections. Cadets don't prefer lumpy/egg crate-style mattress toppers because it is difficult to pass inspection with them.

■ Blanket, comforter, or sleeping bag

A VTCC blanket will be issued to cadets, but many cadets avoid having to re-make their beds every day by sleeping on top of their made bed with a comforter or sleeping bag. Additional bedding will have to be stored away during the day, so be cautious of extra bulk.

■ Surge Protector with 6 foot to 9 foot cord

VT does not allow for extension cords, so the longer the cord on your surge protector, the better.

■ Small, desk-side wastebasket, with lid and bags

Trash cans must be at or under 13 gallons. A lid and a foot pedal are better for hygiene. Cadets prefer a 13-gallon trashcan.

■ Large, plastic storage containers (stored on top of the wardrobes)

Most cadets have two bins stored on top of their wardrobes, but keep the container lightweight. If they are see-through, they can be inspected. Opaque is preferred. Additional medium containers can be useful for inside the wardrobes. Typically, cadets choose 18-gallon bins.



■ Desk Lamp

A must. University policies prohibit halogen bulb lamps and high intensity lamps in residence hall rooms. LED lightbulbs are preferred.



■ Plain Alarm Clock (no radio/ CD/audio connections)

First-year cadets do not initially have music privileges.



■ Cell Phone

Because of the 2-Factor Authentication to access university applications, all students will find their cell phone indispensable. While all cadets are highly encouraged to have a cell phone for the school year and a phone is required during check-in, new cadets will have only limited access during New Cadet Week.

■ Black Backpack

No big or white logos. Very limited color accents (small imprints on zippers, for example are OK). Common retailers to check would be L.L. Bean, eBags, Zappos.com, Amazon.com, etc. See links on the Corps Pintrest site for options.





Cleaning

■ Iron

■ Ironing Board, full size

■ Ironing Starch

Cadets do a lot of ironing to keep their uniforms crisp and inspection ready without having to pay for dry cleaning. Make sure that color from the ironing board cover will not transfer to white clothing.

Faultles
Heavy
Starch

■ Edge Dressing (optional)

A black, glossy, lacquer-type protectant for the visible edges of soles of low quarters (dress shoes). It can be useful for formal inspections.



Other Cadet Items

Many of these items are sold together in a "Cadet Box" through the VT Bookstore. It is optional to purchase the box from the VT Bookstore or you can buy the items individually. These pictures are examples and not necessarily what may be in the final Cadet Box.

■ Shoe Polish, black

Shoe polish is critical in shining a cadet's leather low quarters. Parade gloss is preferred by cadets.



■ Dry Erase Marker, fine, black

■ Dry Erase Eraser

■ Sewing Kit

■ Dry Erase Cleaning Spray

121, 21430 214301

For small uniform repairs, like a lost button. The Tailor Shop will take $\,$

First-year cadets earn the privilege of using dry erase on their door

care of any alterations.

cards after the first six weeks.

■ China Marker/Grease Pencil

First-year cadets are required to use these to write on their plastic door card to identify their location when they are not in their rooms.



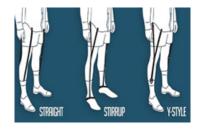
■ Brass Polish

Some of the metal pieces of a cadet's uniform are true brass and need to be cleaned with a metal cleaner. Mother's Mag & Aluminum can be found in car-detailing areas. Shirt stays are elastic straps with clasps that are designed to hook shirt tails to your socks, under pants, to keep dress shirts neatly tucked-in. The style is



■ Shirt Stays

your preference.



■ Hat Plastic

These stiff sheets of translucent plastic are used by cadets for everything from door cards to keeping shoulder ranks flat. It is exclusively available from the University Bookstore; it can be purchased individually.



■ Dr. Scholl's Molefoam/ Moleskin

Cadets get blisters. It is a fact of life for physically active people on their feet in dress shoes and boots. Moleskin allows blistered skin to heal with a soft cushion, preventing rubbing and pressure.



■ Storage Box (cardboard)

This is the box that all of these items come in. It is convenient additional storage. You do not need to bring a cardboard box if you do not purchase the Cadet Box.

■ White Masking Tape (1.88 inch to 2 inch and 1 inch)

Required. Used to tape your door card to your door in a very specific way.



Information to Save

2023-24 Important Dates

Fall Semester
New Cadets Move In Aug. 10
New Cadet ParadeAug. 17
College OrientationsAug. 18
Classes Begin Aug. 21
Regimental Inspection Sept. 1
Football vs. Old Dominion* Sept. 2
Labor Day (no classes) Sept 4
Corps Reunion Formal Retreat* Sept. 8
Football vs. Purdue*Sept. 9
D-Day Memorial Trip* Sept. 16
Fall Family WeekendSept. 29-Oct 1
Football vs. Pittsburgh* Sept. 30
(Military Appreciation Game)
Fall BreakOct. 6
Caldwell March I*Oct. 7
Homecoming Pass in Review*Oct. 13

Football vs. Wake Forest*(Virginia Tech Homecoming)	Oct. 14
Football vs. Syracuse*	Oct. 26
Veteran's Day	Nov. 11
Football vs. NC State	Nov. 18
Thanksgiving Break	Nov. 18-26
Football vs. Virginia	Nov. 25
Classes End	Dec. 6
Finals	Dec. 8-13
${\tt Graduation~\&~Commissioning}$	Dec. 15

Spring Semester	
Martin Luther King Jr. Holiday Jan. 15	
Classes Begin Jan. 16	
Regimental Inspection*Jan. 27	
Military Ball/Senior Banquet Feb. 16	
Spring BreakMar. 2-10	0
Platoon Tactical Challenge* Mar. 16	
Ring Dance*Mar. 22/	23
Caldwell March II* Apr. 13	
Military Awards Ceremony Apr. 18	
Change of Command* Apr. 27	
Classes EndMay 1	
Finals	

Graduation & Commissioning..... May 10

All dates are subject to change. The calendar at vtcc.vt.edu is always the most up to date reference.

Contacts

All phone numbers use the 540 area code

Deputy Commandants & Senior Enlisted Advisors

COL Craig Alia, 1st Battalion	231-8597, <u>aliacj@vt.edu</u>
CSM Daniel Willey, 1st Battalion	231-2901, <u>dwilley@vt.edu</u>
Lt Col Don Russell, 2nd Battalion	231-0490, <u>druss135@vt.edu</u>
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Col Bob Shelton, 3rd Battalion	231-3488, <u>bobshelton96@vt.edu</u>
Lt Col Travis Sheets, 4th Battalion	231-9556, <u>tsheets@vt.edu</u>
MGySgt Lance Jones, 4th Battalion	231-3941, <u>mguns2bn@vt.edu</u>
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Recruiting Office, Ms. Darien Stewart	.231-6858, <u>corps@vt.edu</u>
VT Scholarships & Financial Aid	231-5179 finaid@vt edu

ROTC Offices

Army, Mr. Buck Kellog	231-4804, <u>rotc@vt.edu</u>
Naval, Dr. Francis Cavendish	231-1958, <u>fcavendish@vt.edu</u>
Air Force, TSat, Spotswood	231-6404. usaf@vt.edu

Cadet Mail

During New Cadet Week

New Cadet First M. Last X Battalion X Company Room # Residence Hall CLMS Bldg (0213) 355 Old Turner St Blacksburg, VA 24061

During the Academic Year

Cadet's Name Pearson Hall East, Room # 260 Alumni Mall Blacksburg, VA 24061-9513

310 Alumni Mall

Blacksburg, VA 24061-9513 Blacksburg, VA 24061

Cadet's Name

Pearson Hall West, Room #

Cadet's Name Upper Quad North, Room # 280 Stanger St

Social Media







<u>@vtcorpsofcadets</u>

Blacksburg, VA 24061-9502



company/16246277/

^{*} Closed weekends: Cadets are required to attend all mandatory events until dismissed by their cadre.